



Mateo Arnáiz

GUITAR PROFESSOR

Academic Record

He is a guitarist, pedagogue and Doctor of Educational Sciences. He studied at the Conservatory of Music in A Coruña and at the École Normale Musique Alfred Cortot with maestro Alberto Ponce.

In 2015 he obtained a **Doctorate in Psychological Research in Educational Contexts** from the **University of A Coruña** with the outstanding "cum laude" rating and the mention of International Doctor.

To continue his musical and guitar training, I take courses with guitarists from whom I have learned a lot, such as **Pablo Marquez**, **Leo Brouwer**, **Roberto Aussel** and **Stephan Schmidt**, among others. The encounters with two personalities of the guitar, **Roland Dyens** and **David Russell** have marked him a lot from this stage.

Professional Experience

Between 1996 and 2007 he obtained various guitar awards in **France** and **Spain**. He has recorded numerous albums, most notably his latest work "The Sound of Emotions" with his own compositions for guitar and published in 2018.

He regularly performs in countries such as **France**, **Spain**, **Italy**, **Portugal**, **Poland**, **Latvia** and **Algeria** and on several occasions as a soloist with **Symphony Orchestras**. Parallel to his role as interpreter and composer, he continues the line of research begun with the doctoral thesis and develops the **M.A.R. (Musical Anxiety Release)** to improve stage anxiety in musical performance.

He has participated as a soloist playing **Joaquín Rodrigo's Concerto de Aranjuez** with the «**Gaos Orchestra**». He has recorded several albums in which he tries to share emotions, through works by very different composers and styles, but also by his own compositions.

He has collaborated with other musicians such as **Javier Santaella Morales**, forming the **Axioma II** guitar duo, with the **EnClave Trio** of tangos (vibraphone, double bass and guitar) together with **Miguel Castro** and **Chimo Pallas**, among others.

In his role as a teacher, he admits having the luck to transmit his passion. In its beginnings at the **Conservatoire Russe «Serge Rachmaninoff»** in **Paris** and the **E.M. from Lîle-Saint-Denis (France)** and currently holding the position of guitar teacher at the **Professional Conservatory of Music in A Coruña**.

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He combines his life as a performer, teacher and researcher about the **M.A.R (Musical Anxiety Release)** method.